



A protective clothing patch for cushioning high impact body parts of a person wearing clothing. The protective clothing patch having a lightweight flexible cushion member and a parabolic shaped outer sheath. This outer sheath gives the patch its unique appearance as a modified football shape. The sheath covers high impact cushioning, in a parabolic form, which aids in its ability to conform to the natural contour of the high impact body part such as the elbow, shin, shoulder, knee or buttocks. The protective clothing patch is permanently adhered by the user to clothing in the area desired to be protected from high impact. When the person comes into contact with the floor or ground the cushion member will better comfort the knees, elbows or buttocks. The protective clothing patch is durable, flexible and lightweight and it protects the garment from usual wear and tear and thereby extends the lifespan of the garment.